



LEVEL 5 CERTIFICATE IN EFFECTIVE COACHING & MENTORING



How would you like to gain a professional qualification that will give you the skills and confidence to coach effectively?

Coaching is one of the most effective ways to empower others and bring out the best in them. Whether you wish to coach as part of your everyday job role, are looking to become an internal coach within your business, or are taking steps to establish yourself as an independent coach, why not join our next cohort of learners to gain this internationally recognised qualification in Coaching and Mentoring?

In partnership with



NEXT COHORT BEGINS: SEPTEMBER 2026 (EXACT DATE TBC)



www.mind-gap.co.uk



mail@mind-gap.co.uk

WHAT WE GIVE YOU

- 11 Online training themes supported by 22 short videos
- Editable workbook to support the online learning
- 4 x facilitated training days (face to face or online)
- Coaching with your peers in 'Coaching Triads'
- Tutorial sessions with tutor
- Coaching supervision sessions with tutor
- Access to hundreds of Coaching resources (books, videos, tools, journals, handouts etc)

WHAT YOU HAVE TO COMPLETE

- Online Study (c 12hrs)
- Workbook (c 9hrs)
- Coaching Practice (18hrs)
- Triads/Group Coaching Sessions (6hrs)
- Tutorials (c 6hrs)
- 1 x Assignment, 1xPortfolio & 1 x Reflective Journal

PRICE

£1,500

potential discount for
self payers



The highlight for me has been the passion and energy of the course leader. It has been utterly infectious!
The material and contact provided has been excellent.
I cannot think of anyone who would not benefit from this course.



We will soon be running a one hour (no obligation) online session for people who are interested in finding out more. Contact us to receive the link.

If you want to hear what some of our previous learners thought of the course, scan this QR code:

